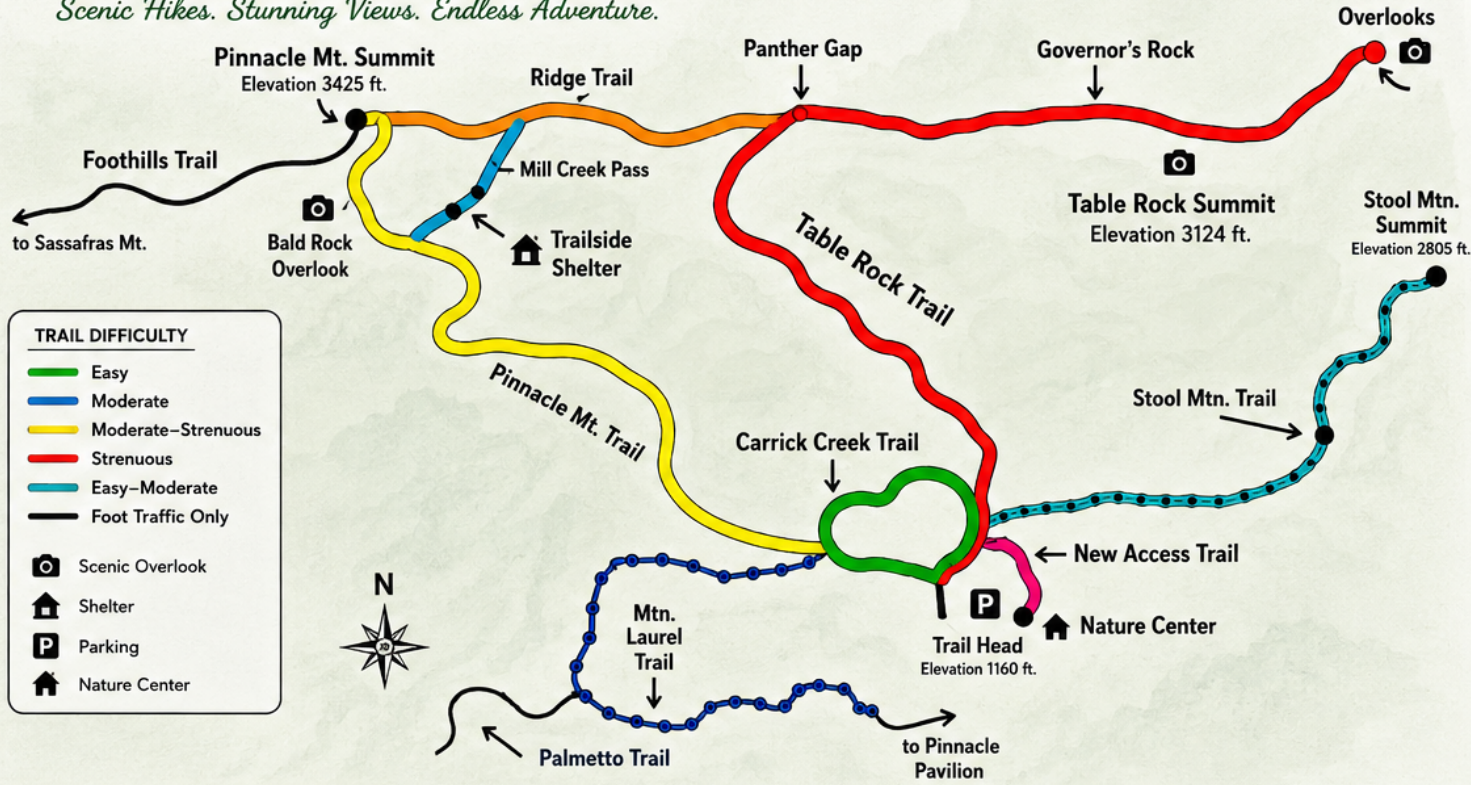


TABLE ROCK TRAILS

PUMPKINTOWN, SOUTH CAROLINA

Scenic Hikes. Stunning Views. Endless Adventure.



TRAIL DIFFICULTY

- Easy
- Moderate
- Moderate–Strenuous
- Strenuous
- Easy–Moderate
- Foot Traffic Only

- Scenic Overlook
- Shelter
- Parking
- Nature Center

TRAILS AT-A-GLANCE

- CARRICK CREEK TRAIL (Green)**
2 miles loop • 1 hour • Easy–Moderate
Beautiful loop with small waterfalls, stepping stones & footbridges.
- TABLE ROCK TRAIL (Red)**
3.6 miles one-way • 2–3 hours • Strenuous
Steep climb to trailside shelter (1.8 mi). Panther Gap (2.1 mi) to Table Rock Summit (3,124 ft). Trail ends 0.4 mi past summit.
- PINNACLE TRAIL (Yellow)**
4.2 miles one-way • 2.5–3.5 hours
Strenuous
Rock crossings, footbridges, small ravines. Mill Creek Pass (0.6 mi) connects to Ridge Trail.
- RIDGE TRAIL (Orange)**
1.9 miles one-way • 1 hour • Easy–Moderate
Connects Pinnacle Summit to Panther Gap on Table Rock Trail.
- MT. LAUREL TRAIL (Purple/White)**
1.2 miles one-way • 30 min • Easy
Connects Pinnacle Pavilion to Palmetto Trail/Carrick Creek Junction.
- STOOL MTN. TRAIL (Blue/White)**
2.8 miles one-way • 3–4 hours • Strenuous
Winding trail through natural rock shelter near the top. Blazes start ~¼ mi up Table Rock Trail.

PLAN YOUR HIKE

- BRING WATER:** 2–3 liters per person recommended.
- DOGS MUST ALWAYS BE LEASHED**
Wildlife & hikers will appreciate it!
- NO CAMPING ALONG PARK TRAILS**
Use dedicated campsites only.
- PLEASE REGISTER AT TRAIL HEAD**
For your safety in any search or rescue situation.

TRAIL CONNECTIONS & DISTANCES

Nature Center to Foothills/Pinnacle Junction	4.0 miles
Nature Center to Mill Creek Pass	3.0 miles
Nature Center to Panther Gap	2.1 miles
Panther Gap to Mill Creek Pass (via Ridge Trail)	1.0 mile
Table Rock Summit to Governor's Rock Overlooks	1.2 miles

*Distances are approximate.

HIGHLIGHTS

- Bald Rock Overlook
- Pinnacle Mt. Summit (3,425 ft.)
- Table Rock Summit (3,124 ft.)
- Governor's Rock Overlooks
- Stool Mt. Summit (2,805 ft.)
- Waterfalls on Carrick Creek Trail

NEARBY ATTRACTIONS

- Pinnacle Pavilion**
Picnic tables, restrooms, events
- Mill Creek Falls**
Scenic waterfall & swimming hole
- Sassafras Mountain**
Highest point in SC – 14 miles
- Local Eateries & Shops**
Support local in Pumpkintown!

Leave No Trace. Take Only Memories.



FOR MORE INFORMATION & TRAIL UPDATES VISIT
PUMPKINTOWNSC.COM

Share your adventures!
#PumpkintownSC

